



The Ness Hubs

Leading specialists in providing therapeutic treatment and support for people with memory loss and their families



CLINICAL THERAPY • INFORMATION • ADVICE

Available at: Ness Hub East Devon, Ness Hub Chudleigh
and Ness Hub Teignmouth

Our Philosophy

At The Ness, we recognise the importance of combining the latest clinical research with traditional person-centred care, to support those living with memory loss and dementia.

The approach we take can slow the impact of the illness and is designed to maintain an individual's cognitive function, while providing an engaging, social experience.



Why The Ness Hubs?

We are a nurse-led service, with clinical nurse specialists working closely with both our facilitators and families.

We measure the impact we have and ensure the therapies are designed to maintain an individual at all stages of their journey. Our specialist facilitators, who run each session, have years of experience and work compassionately with both families and professionals.

Each hub works in small groups of no more than 5 people, to ensure a person-centred model meets the needs of each person and engages everyone. The days are engaging, fun and healthy.

Activities

Cognitive Therapy,
Reminiscence Therapy,
Creative Therapy, Tai-Chi
& Physiotherapy.

Combination of respite & active therapy

Respite:

- Offering families information & advice
- Allowing families time to rest and recover
- Sharing the weight of responsibility

Therapy:

- Offering clinical treatment to maintain someone's cognitive function
- Using the latest research to manage the disease and maintain someone's independence
- Using social situations to improve health & wellbeing

Specialist days - Available from as little as £38 and can be booked as full or half days, as many times a week as necessary. Transport support offered.

Courses - We provide teaching and training for professionals to learn about dementia, to become experts at supporting families and individuals, and to learn about CST.

Cognitive Stimulation Therapy (CST) -

These are targeted 2.5 hour sessions for those with mild to moderate memory loss, designed to maintain your memory and slow cognitive deterioration.

Resilience building and information for families - We provide courses for families, offering practical tips on coping with some of the symptoms and helping to build resilience. We also offer advice on care homes and other specialist services.



FREE session

Let your loved one spend time with a principle coordinator and take part in the activities. We will tailor this session according to individual wishes or requirements. Book a free trial today!



Ness Hub East Devon

89 Withycombe Village Road,
Exmouth, EX8 3AE.



Ness Hub Chudleigh

Orchard House, Market Way, Chudleigh,
Newton Abbot, TQ13 0HL.



Ness Hub Teignmouth

Beechcroft, Salisbury Terrace,
Teignmouth, TQ14 8JA.



Find us on Facebook



Follow us on Twitter



Email info@nesscaregroup.co.uk

Call us: 01626 774 799

Visit us: www.nesscaregroup.co.uk



THE NESS
CARE GROUP